

# RHYTHM2 RECOVERY



A new flexible model from the Developer of the DRUMBEAT Program  
Using Rhythmic Music for Social & Emotional Development for counsellors, Educators and Therapists

A two day course that provides attendees with the practical tools and skills to introduce music into their practice in order to address the social and emotional challenges faced by their clients or students. No previous music skills are required.

## FUN & EMPOWERING

The R2R model is used by counsellors and educators around the world working in diverse fields including trauma, mental health, behavioural education, custodial facilities, child protection and refugee integration.

## PRACTICAL & ENGAGING

The exercises are fun, engaging and practical and require no prior musical experience. This work is strongly evidence based and clientfocused with an emphasis on empowerment.

## COMPREHENSIVE RESOURCES

It includes over 120 new exercises and rhythm games for both counselling and education settings and can be adapted for individual, family and larger group work.

## TESTIMONIALS

"An absolute treasure trove of highly practical, concrete, grounded exercises which I will absolutely use in my own practice."

**Dr Jane Bentley, Mental Health Clinician, Glasgow UK.**

"A fully immersive and enjoyable training which has opened up a whole field of new possibilities."

**Paul John Dear, Music Educator, Scotland, UK**

"A fun, practical and safe experience with lots of variety and rich knowledge from the facilitator."

**Bernie Bane, Counsellor, UK**

## COST:

Early Bird: £225.00 (Ends 1st April)

Standard Fee: £250.00

Price includes a comprehensive resource pack as well as exclusive access to videos, additional session formats (lesson plans) and discussion forums. Participants should purchase the book Rhythm to Recovery prior to attending the training.

## UNITED KINGDOM TRAINING

28th - 29th April 2018

Venue: The Grange, Bookham, Surrey, KT23 4DZ



Ray Watters is a qualified humanistic counsellor and member of the British Association of Counsellors and Psychotherapists. Ray resides in Surrey, UK and works predominantly with adolescents with behavioural challenges in education settings.

Ray has been using drumming and music in his therapeutic practice for a number of years. He is also a drum circle facilitator specialising in working in the mental health field and with individuals, groups and organisations in the Neuro-diverse community. At the same time Ray maintains a private counselling practice.

"I really, really enjoyed and connected with your training facilitation style through out these past two days!! Your ability to naturally bring yourself with a sense of lightness and humor, blended with reverence to the seriousness in the hard stuff we face in our work is flawless. "

**R2R Participant Tasmania**

## CONTACT:

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[www. Rhythm2Recovery.com](http://www.Rhythm2Recovery.com)